



**BURNABY
VELODROME
CLUB**

Presents

2024 Provincial Track Championships

December 13th – 15th, 2024

Sanctioned by





1. Welcome Remarks	3
2. General information	4
2.1. Event Details	4
2.2. Race Staff	4
2.3. Officials Panel	4
2.4. Race Headquarters, Awards, Podium location, Media	5
2.5. Useful Links	5
3. Competition Information	5
3.1. Race-Specific Information	5
3.2. Eligibility and License Information	7
3.3. Provincial and Non-Championship Categories	7
3.4. Upgrades	9
3.5. Podium Protocol	9
3.6. Accreditation	9
3.7. Race Numbers and Timing Information	10
3.8. Doping Control	10
3.9. Equipment	10
3.10. Gear Restrictions	11
3.11. Start Lists and Results	11
3.12. Athlete Amenities	11
3.13. Parking	11
3.14. Spectators	11
3.15. Emergency Action Plan	12
3.16. Athlete Registration	12
4. Race Schedule	12
Friday, December 13th, 2024	13
Saturday, December 14th, 2024	14
Sunday, December 15th, 2024	17

1. Welcome Remarks

Thank you for your interest in participating in the 2024 BC Provincial Track Championships. Through the support of Cycling BC, the City of Burnaby, and the Province of British Columbia, we can welcome competitors, their families, friends and our community to the Burnaby Velodrome.

The facility is located on the ancestral and unceded territories of the [hən̓q̓əmi̓nəm̓](#) and [Skwxwú7mesh](#) peoples.

The Burnaby Velodrome Club is a not-for-profit society that offers Burnaby residents, athletes from Canada, the USA, and international riders access to year-round track cycling programming. For over 25 years, the Burnaby Velodrome Club has provided a facility to develop world-class athletes who have earned international recognition.

Come and race hard, race clean, and have fun.

Sincerely,

Michael Wegner

President,
Burnaby Velodrome Club

2. General information

2.1. Event Details

- The BC Provincial Track Championships brings together the top competitors in the province to compete for championship titles awarded by Cycling BC.
- The event will take place from Friday, December 13th to Sunday, December 15th
- The event will take place at the Burnaby Velodrome Club:
 - Harry Jerome Sports Center
 - [7564 Barnet Highway, Burnaby, BC, V5A 1E7](#)
 - View driving directions from Vancouver International Airport: [View](#)

2.2. Race Staff

Position	Name	Contact
Lead Organizer*	John Mayr	racedirector@burnabyvelodrome.ca
Assistant Organizer	Adam Reddy	racedirector@burnabyvelodrome.ca
Cycling BC Representative	Ben Chaddock	ben@cyclingbc.net
Volunteer Coordinator	TBA	info@burnabyvelodrome.ca
Marketing Director	Timon Glaesser	info@burnabyvelodrome.ca
Facility Access & Storage	Neil Salway	neil@burnabyvelodrome.ca

*UCI Technical Event Organizer license required

2.3. Officials Panel

Position	Name	Contact
Technical Delegate	n/a	
Chief Commissaire	Bruce Tonkin	
Secretary	John Errington	
Timekeeper	Bruce Falk	
Panel Member	Ben Chaddock	604-737-3034 / 604-902-2898
Panel Member	Amy Errington	
Lap Board	TBA	BVC Volunteer (1)
Start Gate	TBA	BVC Volunteers (2)

2.4. Race Headquarters, Awards, Podium location, Media

- The Race Headquarters will be in the velodrome infield.
- Awards ceremonies will take place in the velodrome infield.
- All media are asked to check in at the race headquarters or with the lead organizer. This ensures that you are briefed on your safety while taking photos.

2.5. Useful Links

Race Website	burnabyvelodrome.ca/racing
Registration	Click Here [Nov 28 - Dec 11]
UCI Track Regulations	Click Here [UCI Website]
Cycling Canada Regulations	2024 Companion Guide
Cycling BC Race Rules	Competition Rules
Cycling BC Categories	Categories

3. Competition Information

3.1. Race-Specific Information

- Sprint
 - Sprint tournament qualification includes a flying 200m TT (3 laps).
 - Eight riders qualify for the match sprint competition.
 - One ride only (final) for all categories except for ELITE M/W (best of 3)
 - Categories with fewer than 5 riders will go directly to the semi-finals.
- Keirin
 - The format of the Keirin tournament will be based on the number of riders registered.
 - Distance = 1400m, seven laps. The pace bike completes 3.5 laps, bringing the athletes from 30 kph to 50 kph. After seeing four laps on the lap board, the pace bike pulls off on the track's backside (3.5 laps to go).
- Individual Pursuit (IP) and Time Trial (TT)
 - One ride only (final) for all categories except for ELITE M/W IP
 - In the Elite M/W competition, if the top two riders are within 10 seconds, a final Gold – Silver medal round will occur later in the session.
 - 2000m = 10 laps
 - 3000m = 15 laps
 - 4000m = 20 laps

- Time trial events also use different distances based on age category:
 - TT 500 m = 2.5 laps
 - TT 750 m = 3.5 laps
 - TT 1000 m = 5 laps
- Omnium
 - If more than 20 riders are registered in any category, there will be a qualifying points race but a shorter distance. An even number of riders will advance from each group to a maximum of 10 from each qualifying heat.
 - Riders must finish the previous omnium event (may not skip an event) to start the next omnium event.
 - Riders not influencing the race and are down at least two laps may be pulled from the race at the commissaires discretion.
 - Riders pulled from an omnium race will receive a red flag.
 - Riders pulled will lose 40 points from their overall omnium score.
 - The race organizer can combine categories and change distances at their sole discretion. Combined race categories will be scored as one race, and championship categories ([see 4.5](#)) will be separated after the race to determine podiums.
- Team Sprint (600m) & Team Pursuit (3000-4000m)
 - One ride only (final).
 - If riders need teams, composite teams are highly encouraged. Composite teams can include a mix of women and men teams.
 - Mixed-category teams will be placed in the category of the most competitive field based on the rider with the highest-level license.
 - For example:
 - Elite if there is at least one Elite
 - U19 if there is at least one U19 and no elites or masters
 - Master A if there is at least one Master A and no elites or U19
 - U17 if there are no U19
 - Master B, if there are no Master A riders
 - Where a woman is on a mixed team, the team will be listed under men and then in a category based upon the above.
 - Teams must be submitted to the registration desk near the beginning of the session.

3.2. Eligibility and License Information

- All athletes must have a UCI Race license (especially foreign riders) or a Cycling BC Provincial Race license.
 - Domestic licenses from other countries are not permitted. USA riders must hold a UCI Race license. However, a letter of permission to compete from USA Cycling is unnecessary.
 - Non-American foreign riders must hold a UCI Race license and show a letter of permission from their foreign cycling federation at packet pick-up.
- All athletes must be BC residents to be eligible for provincial championship jerseys and medals. Out-of-province riders can compete but are not eligible for medals or jerseys. Two podium ceremonies will occur if an out-of-province athlete achieves a podium finish.
- Non-BC residents must show their UCI license at packet pick-up.
- Non-BC residents must show proof of accident insurance at packet pick-up.
- A Cycling BC annual membership or single-event license is required for U15/Youth Ability-Based Racing on Saturday afternoon.

3.3. Provincial and Non-Championship Categories

- All competitors must enter their AGE class as shown on their license.
- A Provincial Champion jersey will be presented to the winner of each championship category, provided they meet the residency and licensing requirements below.
 - If an athlete wins multiple championships, only ONE jersey is awarded.
 - If the jersey provided during the awards ceremony is the wrong size, Cycling BC staff will follow up afterward.
- If fewer than four competitors are in a category, the number of presented medals will be n-1, where “n” is the number of riders in that category. This does not apply to para-athlete events.
- BC Championship Events awarding medals (no jersey) to the podium are:
 - Team Sprint
 - Team Pursuit

- The following table outlines which events are championship categories (award jerseys and medals = ✓) and non-championship categories (award medals = M):

Categories	Medals	Jerseys	Omnium	Keirin	Match Sprint	IP	TT
Elite W	Yes	Yes	✓	✓	✓	✓	✓
Elite/U23 M*	Yes	Yes	✓✓	✓✓	✓✓	✓✓	✓✓
U19/U23 Women*	Yes	Yes	✓✓	✓✓	✓✓	✓✓	✓✓
U19 Men	Yes	Yes	✓	✓	✓	✓	✓
U17 W	Yes	Yes	✓	✓	✓	✓	✓
U17 M	Yes	Yes	✓	✓	✓	✓	✓
Master W (55+)	Yes		M	M	M	M	M
Master W (35+)	Yes		M	M	M	M	M
Master M-D (65+)	Yes		M	M	M	M	M
Master M-C (55-64)	Yes		M	M	M	M	M
Master M-B (45-54)	Yes		M	M	M	M	M
Master M-A (35-44)	Yes		M	M	M	M	M
Youth Ability-Based	Yes		**	**	**	**	**

*These athletes will compete together but are scored separately.

**Youth ability-based racing on Saturday afternoon (December 14) awards medals. Event types will be decided on-site by the Head Coach supervising the activities.

3.4. Upgrades

- Riders wishing to compete in a category other than what is on their license are required to receive written permission from Cycling BC. Upgrade requests will not be accommodated onsite.
 - Ability-Category upgrade applications due December 10th (cyclingbc.net/upgrade-request)
 - U15, U17, and U19 riders who wish to 'race up' an age category must submit a Temporary Age Upgrade to Cycling BC by December 4th (cyclingbc.net/upgrade-request)
- For 2024, to help the Burnaby Velodrome Club save on costs this event is sanctioned at A-Level Sanctioning and will not be considered for Double Upgrade points.

3.5. Podium Protocol



- Ceremonies for all Provincial Championship events will occur at the end of each session on each day as applicable.
- Podiums for the Youth racing program will occur immediately after the racing session.
- All athletes who have placed on the podium must attend the award ceremonies. Failure to do so could result in a fine and loss of award.
- Riders who cannot attend the ceremony must advise the Chief Commissaire or the Technical Delegate with a valid reason.
- Riders must wear their cycling kit to the award ceremony. Failure to do so will result in a fine and loss of award.

3.6. Accreditation

- UCI Technical License Accreditation will not be required for this 2024 event.
- However, only athletes and team staff are permitted in the rider pits.
 - Therefore, you should not be in the rider area if you are not an athlete, team staff or event staff.
- According to the Cycling Canada regulations and Cycling BC's code of conduct, the officials and race organizer supervise all riders, managers, coaches, mechanics, and spectators.
- Inappropriate conduct may result in removal from the velodrome infield and/or the velodrome facility. Particularly egregious behaviour will result in a ban and/or disqualification from the competition.

3.7. Race Numbers and Timing Information

- A minimum of one race number will be issued to each rider.
- Numbers must be worn on the lower back in the following manner:

Individual “Timed” Events	Mass-Start Events
 <p data-bbox="451 682 673 751">Center Back “Canadian Style”</p>	 <p data-bbox="938 682 1161 751">Left Side “American Style”</p>

- Riders are required to wear clothing that corresponds with the team/club indicated on their license. Failure to wear appropriate clothing may result in fines.
- Independent riders must wear neutral clothing without sponsors or national colours.
- For 2024, all races will be Manually timed and scored by the commissaire panel in collaboration with the Event Organizing Staff.

3.8. Doping Control

- All races are conducted under UCI Antidoping regulations.
- It is the rider’s and team manager’s responsibility to know the rules.
- The drug test facility for the CCES Antidoping Inspector will be announced at the manager’s meeting.
- A chaperone will meet athletes selected for testing at the finish line.
 - All DNF athletes must report to the finish line.
 - All medical problems should be reported to a commissaire.
- Athletes participating at the BC Provincial Track Championships requiring the use of a medication included on the Prohibited List must have a TUE before participating in the event.
- This applies to all categories of athletes: elite, junior, master, etc. To obtain forms and TUE requirements, athletes are encouraged to visit the TUE Wizard, <http://cces.ca/tueforms>

3.9. Equipment

- Approved helmets are required while riding a bike at all times.
- UCI equipment regulations will be enforced. A jig will be onsite to measure the bike setup.

3.10. Gear Restrictions

- U19 (Juniors): Unrestricted
- U17: 7.12m rollout (gearing suggestion: 50x15)
- U15: 6.71m rollout (gearing suggestion: 50x16 / 38x12)
- If categories are combined, riders racing up will be permitted to use the gearing applicable to the higher category.
- Disc wheels will not be allowed for U15 & U17 (maximum rim depth 40mm).
- Carbon wheels will not be allowed for U15 & U17.
- Commissaires may check gears before and/or after each heat or race.

3.11. Start Lists and Results

- Start lists will be posted at the race officials' table in the velodrome infield.
- Results will be posted at the race officials' table in the velodrome infield.
- Athletes may submit a protest within 15 minutes of being posted. Awards will follow this time period.
- Results will be posted online after the event (Burnaby Velodrome website).

3.12. Athlete Amenities

- The Race Officials information table is available in the in-field. Please contact the volunteers and/or officials at the info desk with any questions or concerns.
- Wi-Fi: there is free public wi-fi in the velodrome.
- Washroom and shower facilities are available onsite.
- Team pits are available on a first-come, first-serve basis.
- Equipment on the infield: equipment can be left on the infield overnight. The facility is locked after the event; however, a security agent will not be present, so BVC is not responsible for the security of personal items left at the velodrome.

3.13. Parking

- No parking pass is needed.
- However, please ensure that you do NOT park in any staff-designated areas.
- Riders and families are encouraged to carpool to this event.

3.14. Spectators

- No admission fee is charged.
- However, please remain in the spectator area (i.e., grandstands).

3.15. Emergency Action Plan

- First aid will be on-site for all group racing sessions.
- The first aid kit will be located at the Race Officials' desk.
- The medical team will treat athletes, staff, officials and volunteers.
- The closest hospital is located 9.6km from the velodrome:
 - Burnaby General Hospital, [3935 Kincaid St, Burnaby, V5G 2X6](#)

In the event of an emergency, call 9-1-1

3.16. Athlete Registration

- Registration will close at 11:59 pm PST on December 11th, 2024. **No exceptions.**
- There will be no day-of registrations accepted.
- Registration fees are non-refundable. **No exceptions.**

Number of days racing	Fee
One Day	\$45.00
Two Days	\$85.00
Three Days	\$120.00

[CLICK HERE TO REGISTER FOR THE 2024 CHAMPIONSHIPS](#)

- Race numbers must be picked up at least 15 minutes before your first event at the race officials' desk in the velodrome in-field.
- If you have questions, please contact us at racedirector@burnabyvelodrome.ca

4. Race Schedule

- The organizer reserves the right to combine categories and change distances for mass-start events based on registration numbers.
- View the proposed daily schedule below.



Friday, December 13th, 2024

Date/Time	Event	Category	Distance	Laps
14:00	Facility Open			
	Number Pick Up and Registration			
				<i>[Priority to athletes competing in TT, IP, and Team Sprint]</i>
15:00	Managers Meeting			
15:15	Open Track			
16:15	Individual Pursuit	U17 W	2000m	10
		U17 M	2000m	10
		U19 W	2000m	10
		U19 M	3000m	15
	Timed Trials	Elite/U23 M	1000m	5
		Elite W	500m	2.5
		Master M-D (65+)	500m	2.5
		Master M-C (55-64)	500m	2.5
		Master M-B (45-54)	500m	2.5
		Master M-A (35-44)	1000m	5
		Master W 55+	500m	2.5
		Master W 35+	500m	2.5
		U17 W	500m	2.5
		U17 M	500m	2.5
		U19/U23 W	500m	2.5
		U19 M	1000m	5
	Medal Ceremonies			
	Team Sprint (One-ride Final)	Elite W	600m	3
		Elite/U23 M	600m	3
		U17 W	600m	3
		U17 M	600m	3
		U19/U23 W	600m	3
		U19 M	600m	3
		Master M	600m	3
		Master W	600m	3
	Medal Ceremonies			



Saturday, December 14th, 2024

Date/Time	Event	Category	Distance	Laps
8:00-9:30 AM	Open track			
8:30 AM	Registration Table Open for Number Pickup			
8:45 AM	Managers Meeting and opening comments			
9:30 AM	Sprint Qualifying – Flying 200 m 8 to qualify	U17 W U17 M U19/U23 W U19 M Master M-D (65+) Master M-C (55-64) Master M-B (45-54) Master M-A (35-44) Master W 55+ Master W 35+ Elite W Elite/U23 M	600m	3
	Sprint ¼ Final (one ride)	U17 W U17 M U19/U23 W U19 M Master M-D (65+) Master M-C (55-64) Master M-B (45-54) Master M-A (35-44) Master W 55+ Master W 35+ Elite W Elite/U23 M	600m	3
	Omnium: Scratch	U17 W U17 M U19/U23 W U19 M Master M-D (65+) Master M-C (55-64) Master M-B (45-54) Master M-A (35-44) Master W 55+ Master W 35+ Master W/M A 35-44 Elite W Elite/U23 M	6000m 6000m 6000m 6000m 6000m 6000m 6000m 6000m 6000m TBD TBD 10000m 10000m	30 30 30 30 30 30 30 30 30 ? ? 50 50
	Sprint ½ Final (one ride)	U17 W U17 M U19/U23 W U19 M Master M-D (65+) Master M-C (55-64)	600m	3



		Master M-B (45-54) Master M-A (35-44) Master W 55+ Master W 35+ Elite W Elite/U23 M		
	Omnium: Tempo	U17 W U17M U19/U23 W U19 M Master M-D (65+) Master M-C (55-64) Master M-B (45-54) Master M-A (35-44) Master W 55+ Master W 35+ Elite W Elite/U23 M	6000m 6000m 6000m 6000m 6000m 6000m 6000m 6000m TBD TBD 10000m 10000m	30 30 30 30 30 30 30 30 ? ? 50 50
~3:00 PM	Youth ability-based bunch racing	U13 U15	<i>Races are to be determined upon registration.</i>	
4:00 PM	Open Track			
5:00 PM	Sprint Final (One-Ride) <i>*Due to limited time available, only Elite W/M do three rides</i>	U17 W U17M U19/U23 W U19 M Master M-D (65+) Master M-C (55-64) Master M-B (45-54) Master M-A (35-44) Master W 55+ Master W 35+	600m	3
	Sprint Final (Ride 1: Best of 3)	Elite W* Elite/U23 M*		
	Omnium: Elimination	U17 W U17M U19/U23 W U19 M Master W/M D 65+ Master W/M C 55-64 Master W/M B 45-54 Master W/M A 35-44 Elite W Elite/U23 M		
	Sprint Final (Ride 2)	Elite W Elite/U23 M	600m	3
	Omnium: Points Race	U17W U17M U19/U23 W	8000m 8000m 8000m	40 40 40



		U19 M	8000m	40
		Master M-D (65+)	8000m	40
		Master M-C (55-64)	8000m	40
		Master M-B (45-54)	8000m	40
		Master M-A (35-44)	10000m	50
		Master W 55+	TBD	?
		Master W 35+	TBD	?
		Elite W	12000m	60
		Elite/U23 M	12000m	60
	Sprint Final (Ride 3 if necessary)	Elite W	600m	3
	Medal Ceremonies	Elite/U23 M		



Sunday, December 15th, 2024

Date/Time	Event	Category	Distance	Laps
8:00-9:30 AM	Open track			
8:30 AM	Registration Table Open for Number Pickup			
8:45 AM	Managers Meeting			
9:30 AM	Team Pursuit	U17 W	3000m	15
		U17 M	3000m	15
		U19/U23 W	3000m	15
		U19 M	3000m	15
	Keirin Qualifiers	U17 W	1400m	7
		U17 M		
		U19/U23 W		
		U19 M		
		Master M-D (65+)		
		Master M-C (55-64)		
		Master M-B (45-54)		
		Master M-A (35-44)		
		Master W 55+		
		Master W 35+		
		Elite W		
Elite/U23 M				
	Individual Pursuit (IP)	Elite/U23 W	3000m	15
		Elite/U23 M	4000m	20
		Master M-A (35-44)	3000m	15
		Master W 35+	2000m	10
		Master M-B (45-54)	3000m	15
		Master M-C (55-64)	2000m	10
		Master M-D (65+)	2000m	10
BREAK	Short intermission 30 min - 1 hr depending on schedule timing			
	IP Finals <i>(if needed)</i>	Elite W	3000m	15
		Elite/U23 M	4000m	20
	Keirin Finals (7-12*, then 1-6) <i>*If short on time, 7-12 may not occur</i>	U17 W	1400m	7
		U17 M	1400m	
		U19/U23 W	1400m	
		U19 M	1400m	
		Master M-D (65+)	1400m	
		Master M-C (55-64)	1400m	
		Master M-B (45-54)	1400m	
		Master M-A (35-44)	1400m	
		Master W 55+	1400m	
		Master W 35+	1400m	
		Elite W		
Elite/U23 M				
	Team Pursuit	Master M Mixed	3000m	15
		Master W 35+	3000m	15
		Elite W	4000m	20
		Elite M	4000m	20